

## **Women and Psychoanalysis: Reflections on Female Development**

**Instructor:** Cristiane M. Irey, Psy.D., NCPsyA

**Location:** Live Webinar

**Meeting Dates: Mondays, 4:00 p.m.- 5:30 p.m. (EST):**

- **September 19, 26**
- **October 3, 10, 17, 24, 31**
- **November 7, 14, 21, 28**
- **December 5**

**CE's:** 18

**Cost:** \$450

### **WEBINAR DESCRIPTION:**

This semester we will explore and reflect on female development and psychoanalysis. We will use as a reference the books of Lucy Holmes based on over twenty years of clinical work with women, both individually and in groups. For example: Her book the Internal Triangle represents the first attempt by a woman to use Freud's drive theory to explain female development since Helene Deutsch in 1945. Holmes offers an innovative new theory about how the female personality and the qualities associated with femininity develop, utilizing a fantasy internal triangle of mother, father and self. It follows development through the major milestones of the female life cycle: preoedipal, adolescence, childbirth, and menopause. This book also focuses on clinical data and technique which may help therapists in working with women individually and in groups.

### **WEBINAR OBJECTIVES:**

1. Identify and discuss the view of women in psychoanalysis.
2. Describe how therapists may experience the challenges of working with women individually and in groups.
3. Explore the theories on female personalities and development.
4. Discuss topics across women's lives, such as childbirth, identity, leadership, feelings.
5. Provide opportunities for the class to discuss clinical cases and experiences through presentations.

### **About the Instructor:**

Dr. Cristiane Irey is a Clinical Psychologist and a Certified Psychoanalyst. Her Master's Degree is in Developmental Psychology. She has been working with patients and teaching for more than 20 years. She has been with Philadelphia School of Psychoanalysis since 2010, and she has also worked at the Philadelphia Consultation Center as a Clinician. She is currently a Faculty Member of PSP and an Adjunct Faculty for Immaculata University. She has her own private practice working with adults and adolescents with a wide range of disorders.