

The Nightmares of a Nation

Instructor: Jennifer A. Neely, LCSW-R, NCPsyA

Location: Live Video Conference

Date: October 10, 2020

Time: 10:00 a.m.- 12:00 Noon

CE's: 2

Cost: \$30

Open to community members interested in dream interpretation and clinicians working with oppressed clients

Course Description:

This workshop will explore the “social dream” as we as a country struggle with the dual traumas of the COVID-19 pandemic and the systemic racism that the Black lives movement is seeking to address. We will revisit the theory of dream formation using *The Third Reich of Dreams: The Nightmares of a Nation* by Charlotte Beradt (1966) to deepen our understanding of how our social and political lives impact our unconscious and how dreams reveal this. We will explore historical antecedents of our current political situation with a focus on clinical implications.

Course Objectives:

After completing this course students will be able to:

1. Differentiate between “social dreams” and wish-fulfilment dreams
2. Be better at listening for what is unspeakable being put into dream imagery
3. Acknowledge the universality of the nightmares themes and explore the signs and symptoms of people disturbed by dreaming “social dreams”

Course Requirements

- Come prepared, having read the readings
- Participate actively in discussions
- Bring in dreams of family, friends, or patients (disguise clinical material) for class discussion

Required Bibliography

Beradt, C. (1966), *The Third Reich of Dreams*, Quadrangle Books, Chicago.

<https://www.meaningmatterscommunity.org/author/m-gerard-fromm/>

Juchau, M. (November 7, 2019), “How Dreams Change Under Authoritarianism”, *The New Yorker*

Lang, F. (2017) “Book Review: The Third Reich of Dreams: The Nightmares of A Nation, 1933-1939”. *JAPA* 65(4):742-750.

Recommended Readings:

Freud, S. (1900), *The Interpretation of Dreams*, Basic Books, New York

Suggested Additional Bibliography

Berger, L. (1967), Function of Dreams, *Journal of Abnormal Psychology*, Monograph 72, #5, Part 2, (whole #641): 1-28.

Freud, S. (1915). The Unconscious. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIV (1914-1916): On the History of the Psycho-Analytic Movement, Papers on Metapsychology and Other Works*, 159-215

Freud, S. (1916), *Introductory Lectures on Psychoanalysis*, W. W. Norton Company, Inc., New York (1966) (Especially Chapter 10, Symbolism and Chapter 14, Wish Fulfilment)

Freud, S. (1917). A Metapsychological Supplement to the Theory of Dreams. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIV (1914-1916): On the History of the Psycho-Analytic Movement, Papers on Metapsychology and Other Works*, 217-235

Freud, S. (1923). Remarks on the Theory and Practice of Dream-Interpretation. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIX (1923-1925): The Ego and the Id and Other Works*, 107-122

Freud, S. (1925). Some Additional Notes on Dream-Interpretation as a Whole. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIX (1923-1925): The Ego and the Id and Other Works*, 123-138

Freud, S. (1933), *New Introductory Lectures on Psychoanalysis*, W. W. Norton Company, Inc., New York (1965) (Especially Chapter 29, Revision of the Theory of Dreams. pp:8-37).