

## **SUPERVISION OF THE SUPERVISOR: A UNIQUE COURSE BASED ON A LEARNING ALLIANCE BETWEEN THE SUPERVISOR AND THE SUPERVISEE**

**Instructor:** Priscilla Bright, PhD, NCPsyA

**Course Time:** Thursdays, 6:00 pm – 7:30 pm EST

### **Course Meeting Dates:**

- Sept 12, 19, 26
- Oct 3, 10, 17, 31
- Nov 7, 14, 21
- Dec. 5, 12

**Course Format:** ZOOM

**Cost:** \$450

**Continuing Education Credits:** 18

***\*Enrollment Limited to 12***

### **COURSE DESCRIPTION:**

This course will provide a foundation in developing self-reflection as a supervisor. The course will begin with an overview of the history of supervision as it developed from a teaching mode to one that uses the relationship between supervisee and supervisor as the main learning tool. Readings and class discussion will focus on the use of emerging feelings in the supervisory triad (supervisor/supervisee/patient) to enhance understanding of the patient, rather than pathologizing the supervisee.

Participants will learn the nuances of the parallel process in supervision, as the supervisee co-analyzes the supervision and therapy to increase clinical competence and critical thinking. Aspects of cultural and gender identity within the triad will also be explored. Finally, risk management, legal, and ethical issues will be viewed through the lens of the supervisory relationship.

### **COURSE OBJECTIVES:**

Participants will learn:

- How to use the supervisory relationship to address countertransference and parallel process in the clinical setting
- How to use conflict in supervision to highlight aspects of the patient-supervisee relationship
- How to use the supervision to enhance the supervisor and the supervisee's sensitivity to cultural and gender identity issues
- How to identify one's own personal values and biases in the supervisory triad