

Lisa Correale,

LCSW, NCPsyA^(she/her)

MODERN PSYCHOANALYST | PSYCHOTHERAPIST | CLINICAL SUPERVISOR

Lisa Correale is a Certified Modern Psychoanalyst and Licensed Clinical Social Worker with more than 33 years of experience helping adults understand themselves more deeply and make meaningful changes in their lives.

People often come to psychoanalysis because something in their lives no longer feels quite right. They may find themselves repeating familiar patterns in relationships, feeling dissatisfied or stuck in their work, struggling with a transition or loss, or wondering why it has become difficult to live the life they want.

Lisa's approach is warm, thoughtful, and collaborative. Modern Psychoanalysis offers an opportunity to become curious about these experiences rather than simply trying to eliminate them. It pays particular attention to the ways our emotional lives unfold within relationships - including the relationship that develops between analyst and patient. Over time, this relationship can help illuminate longstanding patterns, deepen self-understanding, and open new possibilities for living and relating.

Lisa works with adults across the lifespan and has a particular interest in people navigating midlife and later-life transitions, when questions about work, relationships, family, identity, aging, loss, and purpose may take on new importance. She also welcomes therapists and other helping professionals interested in their own deeper analytic work.

Lisa believes that good analytic work requires both the freedom to speak openly and the experience of being listened to with genuine curiosity. The goal is not simply symptom relief or becoming a different person, but developing greater freedom in how one understands oneself, relates to others, and makes choices about one's life.



*Psychoanalysis is a space
to be heard, to explore,
and to discover new
possibilities for living.*

Lisa is a Certified Psychoanalyst and Clinical Supervisor through the National Association for the Advancement of Psychoanalysis and a Senior Supervising and Training Analyst at the Institute for Modern Psychoanalysis of Philadelphia. She received her master's degree from Rutgers University and her psychoanalytic certification from the Institute for Modern Psychoanalysis in New York.



IN-PERSON & TELEHEALTH:

Lisa offers in-person psychoanalysis and psychotherapy in Philadelphia and telehealth throughout Pennsylvania and New Jersey, as well as clinical supervision and training analysis for therapists and psychoanalytic candidates.

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