

Identifying and Resolving Resistances- Fall 2024

Instructor:

Khary Atif, MSS, MLSP, LCSW, NCPsyA

Location: Live Webinar

Meeting Dates: Tuesdays, 5:30 p.m.- 7:00 p.m. (EST):

- September 10, 17, 24
- October 1, 8, 22, 29
- November 5, 12, 19
- December 3, 10

CE's: 18

Cost: \$450

Webinar Description:

Drawing upon concepts from classical psychoanalysis, object relations theory, and self-psychology, this course presents a model of the mind that takes into consideration the identification of resistances and their resolution through the use of joins, mirroring, object-oriented questions, and other techniques. We will explore the interface between theory and practice – the ways in which theoretical constructs can be translated into the clinical situation. The underlying contention is that the resistant patient has not yet confronted certain intolerably painful realities about his past and present objects. Instead, he protects himself from the pain of knowing the truth about his objects by clinging to misperceptions of them.

Webinar Objectives:

At the conclusion of this course, the student will be able to:

1. Describe the evolution of the understanding of resistance in analytic therapy.
2. Recognize the patient's defenses and resistance.
3. Understand therapeutic actions incorporated into the treatment process regarding resistance.

About the Instructor:

Khary Atif is a Licensed Clinical Social Worker (LCSW) and Nationally Certified Psychoanalyst. He is a retired Child Welfare Professional who served 37 years with the Philadelphia Department of Human Services (DHS) in the role of Director of Training and Training Delivery. He specifically trained social workers in the complexities of trauma informed service delivery within the context of law's social function, for which he received the 2011 Commissioner Award for Leadership. Mr. Atif concluded his DHS career in 2018 as the Senior Advisor to the Department's Chief Learning Officer.

Khary Atif is a graduate of the Philadelphia School of Psychoanalysis. In 2005 he authored the "Distended Tear", a collection of psychoanalytic essays. His formal education was obtained at Lincoln University, Temple University, and Bryn Mawr College. He obtained the Master of Social Service degree (1997) and the Master of Law and Social Policy degree (1998) at Bryn Mawr's Graduate School of Social Work and Social Research.

In recognition of his academic efforts and commitment to service, Bryn Mawr's Graduate School of Social Work and Social Research honored Mr. Atif with their first Alumni Achievement Award (2009); recognizing him

as an emergent leader in the field of Social Work. In 2015, he was honored at the Graduate School's Centennial as one of the school's 100 Distinguished Alumni.