# Human Maturation and Development, Part IV: Growth, Maturity and Aging

Instructor: Cristiane M. Irey, Psy.D., NCPsyA

Teaching Assistance: Christopher Garrison, Ed.D., Ph.D., LCPC., NCC., MAC., CCMHC. , DCMHS., ACS

Location: Live Webinar

## Meeting Dates: Mondays, 6:30 p.m.- 8:00 p.m. (EST):

- September 18, 25
- October 2, 9, 16, 23, 30
- November 6, 13, 20, 27
- December 4

### **CE's**: 18

**Cost:** \$450

### Course Description:

This class presents a contemporary psychoanalytical perspective of maturation as a life-long and continuous process. Freud began the discussion of maturation; however, modern psychoanalysis adapts as recent research, theories, and societal changes occur. Modern psychoanalysis considers the theoretical, clinical, and social/cultural contributions that impact patients' lives. Students are exposed to diverse topics to enhance their theoretical and clinical knowledge. Students are highly encouraged to engage in classes by sharing their thoughts, feelings, knowledge, and experiences. This class promotes and values respect, diversity, differences, and personal and professional growth.

## **OBJECTIVES (with corresponding ABAP Competencies Codes):**

- 1. Explore human development from a lifespan psychoanalytical perspective (1d, 1e, 1f, 2a, 4.h)
- 2. Understand maturation process from the nomothetic and idiographic perspective. (1e, 1f, 2a)
- 3. Reflect and apply the content to personal development and clinical work. (1e, 1f, 2a)
- 4. Understand Countertransference and Transference in the maturation process. (3.h, 3.I, 4d)
- 5. Identify and apply various maturation theories in clinical work (1c, 1g, 2e, 4f)

#### About the Instructor:

Dr. Cristiane Irey is a Clinical Psychologist and a Certified Psychoanalyst. Her Master's Degree is in Developmental Psychology. She has been working with patients and teaching for more than 20 years. She has been with Philadelphia School of Psychoanalysis since 2010, and she has also worked at the Philadelphia Consultation Center as a Clinician. She is currently a Faculty Member of PSP and an Adjunct Faculty for Immaculata University. She has her own private practice working with adults and adolescents with a wide range of disorders.