

Human Maturation and Development, Part I: An Introduction to Developmental Theories

Instructor: Cristiane M. Irey, Psy.D., NCPsyA

Teaching Assistance: Christopher Garrison, Ed.D., Ph.D., LCPC., NCC., MAC., CCMHC. , DCMHS., ACS

Location: Live Webinar

Meeting Dates: Mondays, 4:00 p.m.- 5:30 p.m. (EST):

- January 29
- February 5, 12, 19, 26
- March 4, 11, 18, 25
- April 1, 8, 15

CE's: 18

Cost: \$450

Course Description:

This class explores developmental theories and maturation from conception to the first two years of life. It concentrates on the importance of child's early experiences, particularly on the dyad mother- infant relationships, including the role of the father, attachment theory and research and the child's personality development. It approaches development through the psychoanalytic work of Sigmund Freud, Anna Freud, Melanie Klein, Margaret Mahler, Donald Winnicott, Mary Ainsworth, John Bowlby, and others. Modern psychoanalysis considers the theoretical, clinical, and social/cultural contributions that impact patients' lives. Students are exposed to diverse topics to enhance their theoretical and clinical knowledge. Students are highly encouraged to engage in classes by sharing their thoughts, feelings, knowledge, and experiences. This class promotes and values respect, diversity, differences, and personal and professional growth.

Please be mindful that this class will cover theories that were written focusing on the dyad mother-infant relationships. There is currently an awareness that this is not the family dynamic anymore. It is perfectly fine to have a single parent regardless of gender and sexual orientation and same sex couples.

Objectives (with corresponding ABAP Competencies Codes):

1. Explore human development from a psychoanalytical perspective (1d, 1e, 1f, 2a, 4.h)
2. Understand maturation process from the nomothetic and idiographic perspectives. (1e, 1f, 2a)
3. Identify infant-parent behaviors that are repeated in the therapeutic setting, considering the attachment theory. (3h, 3.i)
4. Identify and apply various maturation theories in clinical work (1c, 1g, 2e, 4f)

About the Instructor:

Dr. Cristiane Irey is a Clinical Psychologist and a Certified Psychoanalyst. Her Master's Degree is in Developmental Psychology. She has been working with patients and teaching for more than 20 years. She has been with Philadelphia School of Psychoanalysis since 2010, and she has also worked at the Philadelphia Consultation Center as a Clinician. She is currently a Faculty Member of PSP and an Adjunct Faculty for Immaculata University. She has her own private practice working with adults and adolescents with a wide range of disorders.