

2022 Summer Reading Group

To Redeem One Person is to Redeem the World-The Life of Frieda Fromm-Reichmann

Author: Gail A. Hornstein

Presenter: Wally Fletcher, D Min, NCPsyA

Location: Live Webinar

Meeting Dates/Time:

This seminar will meet on 10 Saturdays from 9:00 am to 10:15 am (EST)

Dates: 6/4, 6/11, 6/18, 6/25; 7/9, 7/16, 7/23, 7/30; 8/6 & 8/13

CE's: 12.5

Cost: \$125

WEBINAR DESCRIPTION:

This summer's reading seminar will focus on the life and work of Frieda Fromm-Reichmann, one of a number of pioneering psychoanalysts who defied the convention that schizophrenia and other severe mental illnesses could not benefit from psychodynamic psychotherapies. Gail Hornstein's meticulously researched biography is beautifully written and profoundly relevant to the "therapy wars" of today.

Fromm-Reichman's life journey includes growing up as a German Jew between two world wars, her medical training in psychiatry and neurology, her experience treating brain-injured combatants of World War I, her psychoanalytic training at the Berlin Institute leading up to her flight from Nazi Germany to America and her distinguished 20-year career treating psychotics at the renowned Chestnut Lodge mental hospital.

Her humanistic and relational approach to treatment was based on learning *what works* from her deeply troubled patients. She learned from her brain-injured patients how even traumatically broken minds can be healed with the right treatment and immense patience. She learned from her psychotic patients that even the most disordered and incommunicable minds can express meaning and sanity with the right kind of therapeutic listening and relationship. Her most famous patient Joanne Greenberg,

author of *I Never Promised You a Rose Garden* reported “that when she retreated to her own inner world during a psychotherapy session, Fromm-Reichmann would say gently, not ‘come back’, but ‘take me with you.’”

Author, Gail A. Hornstein is Professor of Psychology at Mount Holyoke College and was the Founding Director of the Five College Women’s Studies Research Center for its first ten years.

WEBINAR OBJECTIVES:

1. To increase participants’ knowledge of how Fromm-Reichmann’s biography and historical context influenced the development of her psychoanalytic and relational approach to treating schizophrenia and other severe mental illness.
2. To increase participants knowledge of the history of the diagnosis and treatment schizophrenia and its impacts on modern psychoanalysis.
3. To increase awareness of how *all* psychotherapist’s perspectives and theoretical/technical preferences are shaped by biographical and historical/cultural contexts.
4. To provide an environment for dialogue in which participants are encouraged to make connections between reading assignments and their own clinical and life experiences.

ABOUT THE PRESENTER:

Dr. Fletcher has extensive training and experience as a therapist, consultant, educator and non-profit executive. He is a Certified Psychoanalyst and Clinical Supervisor in the National Association for the Advancement of Psychoanalysis and a certified Clinical Fellow and member of the Board of Directors of the American Association of Pastoral Counselors. He teaches courses in Organizational & Strategic Leadership and in Pastoral Counseling at Neumann University and courses in the history and evolution of psychoanalysis at the Philadelphia School of Psychoanalysis. He serves on the Philadelphia Department of Behavioral Health’s Faith and Spiritual Affairs Advisory Board. He is also on the mental health faculty of CREDO, an intensive wellness program for clergy administered by the Pension Boards of the Episcopal and Presbyterian Churches US. He is also the President of PSP’s Board of Directors.

Required Text:

Hornstein, Gail A. *To Redeem One Person is To Redeem the World: The Life of Frieda Fromm-Reichmann*. New York: Other Press, 2000

Also Recommended:

[Greenberg, Joanne.](#) *Never Promised You a Rose Garden*. New York: New American Library, 1964.

Fromm-Reichmann, Frieda. 1950. *Principles of Intensive Psychotherapy*. University of Chicago.

References:

The Life of Frieda Fromm-Reichmann (Book Review)

<https://www.apadivisions.org/division-39/publications/reviews/fromm-reichmann>

[Therapy wars: the revenge of Freud | Psychology | The Guardian](#)

[Gail A. Hornstein - Biography \(gailhornstein.com\)](#)

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