

## **Freud's Case Studies and Papers on Technique- Spring 2024**

**Instructor:** Wally Fletcher, D Min, NCPsyA

**Teaching Assistant:** Rebecca Lee, LCSW

**Location:** Live Webinar

**Meeting Dates: Saturdays, 9:00 a.m.- 10:30 a.m. (EST):**

**January 20, 27**

**February 3, 10, 24**

**March 2, 9, 16, 23**

**April 6, 13, 20**

**CE's:** 18

**Cost:** \$450

### **Course Description:**

"Nothing takes place between them (therapist and patient) except that they talk to each other. The analyst makes use of no instruments — not even for examining the patient — nor does he prescribe any medicines. If it is at all possible, he even leaves the patient in his environment and in his usual mode of life during the treatment.

...And incidentally do not let us despise the word. After all it is a powerful instrument; it is the means by which we convey our feelings to one another, our method of influencing other people. Words can do unspeakable good and cause terrible wounds. No doubt 'in the beginning was the deed' and the word came later; in some circumstances it meant an advance in civilization when deeds were softened into words" — Freud, 1927

This course will focus on Freud's major case studies and papers on psychoanalytic technique. These works were seminal for generations of practitioners and still provide much for psychotherapists of all orientations to learn from. Particular attention will be given to comparing Freud's practices with Modern Psychoanalytic approaches.

### **Objectives:**

Through familiarity with Freud's clinical writings, develop a critical foundation for studying and evaluating psychoanalytic ideas and techniques.

1. Examine Freud's work in a historical context; analyze the influence of cultural, political, and scientific developments in his thought.
2. Discuss and assess the difficulties Freud encountered in working with patients which required alterations and modifications in his technique.
3. Enhance therapists' work through group discussion — framing clinical material and life experiences in the context of the "literature" of psychoanalysis. 2
4. Discuss Freud's observations and recommendations on technique; compare and contrast with the developments of Modern Psychoanalysis.
5. "Meet ABAP Core Competencies" highlighted in yellow on page 4-5

**About the Instructor:**

Wally Fletcher, D.Min.,NCPsyA has extensive training and experience as a therapist, consultant, educator and non-profit executive. He is a Certified Psychoanalyst and Clinical Supervisor in the National Association for the Advancement of Psychoanalysis and a certified Clinical Fellow and member of the Board of Directors of the American Association of Pastoral Counselors. He teaches courses in Organizational & Strategic Leadership and in Pastoral Counseling at Neumann University and courses in the history and evolution of psychoanalysis at the Philadelphia School of Psychoanalysis. He serves on the Philadelphia Department of Behavioral Health's Faith and Spiritual Affairs Advisory Board. He is also on the mental health faculty of CREDO, an intensive wellness program for clergy administered by the Pension Boards of the Episcopal and Presbyterian Churches US. He is currently the President of the PSP Board of Directors.