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License in NY and PA

*Provides Telehealth via Zoom

Provides Analysis, Training Analysis and Supervision

Dr. Silverberg is a psychologist, PSP training and supervising psychoanalyst), and the first Westerner to be trained in Taopsychotherapy in Korea. His paper "The Interspace: Evolving Psychoanalytic Metatheory," advances intersubjective-relational theory by envisioning an overarching and interconnecting additional dimension of human experience. Silverberg's theoretical paper with clinical significance won the prestigious 2021 **Gradiva Award** from NAAP for best article (copies of this paper are available upon request). Silverberg is a believer in the mentoring model of cultivating professional and overall psychoanalytic life development. He was the first graduate of Dr. Gerald Lucas' Institute for Modern Psychoanalysis in New York and identifies as "a post-Modern and beyond-Relational" psychoanalyst.

After studying the compassionate element of psychotherapy in Asia, Silverberg became the originator of differentiating deeply resonant and sincerely felt "inhabited" joining. Some of his previous papers on the combined technique are: *Therapeutic Resonance*, *Working with Resistance*, *The Tao of Self Psychology*, and *Resonance and Exchange* (copies are available upon request). Silverberg is a past-President of the International Forum for Psychoanalytic Education (IFPE), and his 2005 book, *Make the Leap*, distills psychoanalytic concepts into accessible language for the lay public.