

**Farrell Silverberg, Ph.D., N.C.Psy.A.**

Practice phone: 215-545-1096

Email: [drsilverberg@drsilverberg.com](mailto:drsilverberg@drsilverberg.com)

License in NY and PA

\*Provides Telehealth via Zoom

Provides Analysis, Training Analysis and Supervision

Dr. Silverberg is a psychologist, training and supervising psychoanalyst (these days via teletherapy), the first Westerner to be trained in Taopsychotherapy in Korea, and has published in the US, Europe and Asia. Silverberg is a believer in the mentoring model of cultivating professional and overall psychoanalytic life development. He was the first graduate of Dr. Gerald Lucas' Institute for Modern Psychoanalysis in New York and identifies as "a post-Modern" psychoanalyst.

After studying the compassionate element of psychotherapy in Asia, Silverberg became the originator of differentiating deeply resonant and sincerely felt "inhabited" joining, versus more generic and content-based "uninhabited" joining. Silverberg began integrating psychoanalysis and Eastern philosophies over thirty years ago. Some of his papers on the combined technique are: *Therapeutic Resonance*, *Working with Resistance*, *The Tao of Self Psychology*, and *Resonance and Exchange* (pdf copies of all are available upon request). Silverberg's most recent contribution to the development of psychoanalytic theory beyond the intersubjective/relational is described in his 2020 paper, "The Interspace: Evolving Psychoanalytic Metatheory," published in *Psychoanalytic Quarterly*. Silverberg is a past-President of the International Forum for Psychoanalytic Education (IFPE), and his 2005 book, *Make the Leap*, distills psychoanalytic concepts into accessible language for the lay public