

Dreams and Psychoanalytic Treatment

Instructors: Jennifer A. Neely, LCSW-R, NCPsyA; Wally Fletcher, D Min, NCPsyA; Guest Instructors

Teaching Assistant: Janelle Railey, LCMHC

Location: Live Webinar

Meeting Dates: Tuesdays, 6:00 p.m.- 7:30 p.m. (EST):

- **September 14, 21, 28**
- **October 5, 12, 19, 26**
- **November 2, 9, 16, 23, 30**

CE's: 18

Cost: \$450

Webinar Description:

Freud famously pronounced dreams as the “royal road to the unconscious” and gave their interpretation a privileged place in psychoanalytic practice. While later psychoanalytic theory and technique has tended to place less emphasis on dream work in analysis, most analysts agree that the exploration of dreams can play an important role in treatment. This course is an overview of the essential contributions to our understating of dreams. It will consider the role of dreams and primary process thinking in the emotional lives of human beings and its implications for modern psychoanalytic treatment. We will reflect on the place of the theory of creation of dreams and their uses on the history of psychoanalytic thought.

Webinar Objectives:

1. To increase participants’ curiosity and understanding of the role of dreams and primary process in the psychological lives of human beings including their own and their clients.
2. To consider the clinical uses of dream exploration in psychoanalytic practice from a variety of theoretical and clinical perspectives.
3. To consider the clinical implications of the above for Modern Analytic treatment
4. To utilize class discussions to make relevant connections between reading assignments and students’ clinical and life experiences: Participants will be encouraged to record and share their own dreams to gain deeper understanding of dreams in the emotional lives of human-beings.
5. To acquire greater facility with the broader history and literature of psychoanalysis.

About the Instructor:

Jennifer A. Neely, LCSW-R, NCPsyA is a psychotherapist and psychoanalyst in private practice in New York City. She assists adults who are seeking relief from anxiety and depression. Ms. Neely holds a master’s degree from New York University’s School of Social Work. She offers supervision to early career psychotherapists and is SIFI certified. She completed a Certificate of Psychoanalysis at NPAP, the National Psychological Association for Psychoanalysis, in New York City where she is now a member, training analyst, and on the faculty.