

**Spring 2023**

**Training and Preparation of the Modern Analyst-Beginning Practice**

**Instructor:** William J. Lorman, JD, PhD, MSN, PMHNP-BC, CARN-AP, NCPsyA

**Teaching Assistant:** James Basilio, MS, LPC

**Location:** Live Webinar

**Meeting Dates: Tuesdays, 7:00 p.m.- 8:30 p.m. (EST):**

- January 17, 24, 31
- February 7, 21, 28
- March 7, 14, 21, 28
- April 11, 18

**CE's:** 18

**Cost:** \$450

**Course Description:**

This course exams the process of beginning to work with a client utilizing a modern psychoanalytic frame. Areas that will be studied include: basic analytic processes; the analyst's preparation and the first session including the therapy contract and money issues; the analyst-patient relationship including issues related to self-disclosure; developing and deviating from the frame; quandaries and other treatment-destructive resistances and the structure of the practice.

**Course Objectives:**

1. Discuss utilization of supervision and the training analysis as part of the process of providing psychoanalytic therapy.
2. Understand the requirements and recommendations of the physical environment of the practice setting.
3. Discuss the therapist-patient relationship including the working alliance, studying and resolving the transference, analyzing the resistances and recognizing countertransference.
4. Learn to develop the psychoanalytic frame and insure boundaries.
5. Understand non-psychoanalytic models of technique and procedures.

**About the Instructor:**

Dr. Lorman completed his doctoral studies in applied psychology. He is also certified as a psychoanalyst, modern Freudian. He is a board-certified psychiatric nurse practitioner and also certified as an advanced practice addictions specialist. He is an assistant professor at Drexel University where he teaches in the graduate nursing program. He maintains a private practice where he works with adults and treats a full range of psychiatric disorders – mild depression to severe psychosis, and he specializes in addiction psychiatry. He utilizes a psychoanalytic-medical model and provides services that include individual and group psychotherapy, psychiatric evaluations and medication management. In addition to his academic and clinical experience, Dr. Lorman has presented seminars on various mental health topics nationally and internationally, has written multiple articles and textbook chapters and is a management and clinical consultant to several major corporations where he provides therapeutic and group facilitation services. He has completed a *Juris Doctor* degree and consults in the areas of medical malpractice, administrative and employment law.