

Fall 2022

Psychopharmacology

Instructor: William J. Lorman, JD, PhD, MSN, PMHNP-BC, CARN-AP, NCPsyA

Teaching Assistant: James Basilio, MS, LPC

Location: Live Webinar

Meeting Dates: Tuesdays, 7:00 p.m.- 8:30 p.m. (EST):

- **September 6, 13, 20, 27**
- **October 18, 25**
- **November 1, 8, 15, 22, 29**
- **December 6**

CE's: 18

Cost: \$450

Webinar Description:

Most practicing mental health professionals, including psychoanalysts in training, have minimal background and training in psychopharmacology. From the mid-1960s (and even currently), polarization occurred between those advocating psychological theories (such as psychoanalytic and behavioral models) and those on the other side of the fence using biological and medical models. Each school attracted followers who had strong emotional investments in their perspective. Fortunately, during the past decade, we are witnessing a shift in thinking, as increasing numbers of practitioners and training institutions move away from egocentric and dogmatic positions and begin to embrace a more integrated approach with regard to both theories of etiology and methods of treatment. New discoveries in the neurosciences, refined scientific and practical advances in psychotherapy and a large number of outcome studies in both pharmacotherapy and psychotherapy have made it clear that people are complex and mental health problems spring from many sources, and reductionist, one-dimensional models are inadequate to explain the wide array of mental and emotional problems people experience and no single approach to treatment works for all problems. Certain disorders clearly respond better to certain interventions, whereas others require alternative approaches. Although the primary focus of this course is on psychopharmacology, there is a strong respect for *integrative approaches* to treatment: recognition of the primary importance of psychoanalysis and the collaboration among professionals from different disciplines.

Webinar Objectives:

1. Understand both the intrapsychic and interpersonal meanings of medication for the patient
2. Describe specific medications and their uses for patients with identified diagnoses
3. List positive and negative reasons for the utilization of psychopharmacologic interventions in psychoanalytic treatment
4. Describe how medications are seen as transitional objects for the patient

About the Instructor:

Dr. Lorman completed his doctoral studies in applied psychology. He is also certified as a psychoanalyst, modern Freudian. He is a board-certified psychiatric nurse practitioner and also certified as an advanced practice addictions specialist. He is an assistant professor at Drexel University where he teaches in the

graduate nursing program. He maintains a private practice where he works with adults and treats a full range of psychiatric disorders – mild depression to severe psychosis, and he specializes in addiction psychiatry. He utilizes a psychoanalytic-medical model and provides services that include individual and group psychotherapy, psychiatric evaluations and medication management. In addition to his academic and clinical experience, Dr. Lorman has presented seminars on various mental health topics nationally and internationally, has written multiple articles and textbook chapters and is a management and clinical consultant to several major corporations where he provides therapeutic and group facilitation services. He has completed a *Juris Doctor* degree and consults in the areas of medical malpractice, administrative and employment law.