

Modern Psychoanalytic Theory and Treatment Techniques, Part 1

Instructor: Linda K. Sayers, Ph.D., LPC, NCPsyA

Location: Live Webinar

Meeting Dates: Saturdays, 12:30 pm- 2:00 pm (EST):

- **January 21, 28**
- **February 4, 11, 25**
- **March 4, 11, 18, 25**
- **April 1, 15, 22**

CE's: 18

Cost: \$450

COURSE DESCRIPTION:

This course will provide an overview of psychoanalytic theory and practice. We will explore the realm of the therapeutic relationship with special attention being given to how the diversity of analytic theories can affect treatment choices. The focus will be on developing a treatment contract, defining the analytic framework, resolving treatment destructive resistances, and understanding and working with the transference and countertransference that develops in the analytic space. Students will have an opportunity to participate in discussions about the assigned readings and lectures. There will also be opportunities to discuss cases for the purpose of exploring therapeutic dynamics and interventions.

OBJECTIVES:

1. Participants will be able to demonstrate a working knowledge of core theoretical perspectives that provide the foundation for the development of effective therapeutic interventions.
2. Participants will be able to identify and resolve transference and countertransference issues as they arise.
3. Participants will be able to list the differences between classical and modern psychoanalytic theoretical technique and practice.

About the Instructor:

Linda K. Sayers, Ph.D. LPC, NCPsyA Linda Sayers is a licensed counselor and a certified psychoanalyst in private practice in NJ. Dr. Sayers has been in practice over 40 years serving the general public as well as providing training and supervision for clinicians. Recently, she has been assisting with critical incident stress debriefing for the Brigantine Beach Patrol. Dr. Sayers has been a past member of the Board of Directors, Vice President, Curriculum and Standards Director, faculty member and a Senior Training and Supervising Analyst at the Philadelphia School of Psychoanalysis.

Dr. Sayers has been an educator who has taught a wide range of courses for over 50 years and has presented at numerous conferences. She has recently retired from her last position as an Adjunct Professor of Psychology at Stockton University. She currently plans to continue teaching at the Philadelphia School of Psychoanalysis. In addition to teaching and clinical work, she has written many professional articles primarily focusing on Object Relations theory and practice.