The Evolution of Psychoanalytic Technique: Part II- American Innovators

Instructor: Wally Fletcher, D Min, NPsyA

Teaching Assistant: Rebecca Lee, LCSW

Location: Live Webinar

Meeting Dates: Saturdays, 9:00 a.m.- 10:30 a.m. (EST):

- September 10, 17, 24
- October 1, 15, 22, 29
- November 5, 12, 19
- December 3, 10

CE's: 18

Cost: \$450

Webinar Description:

This course will focus on the on-going evolution of modern psychoanalytic technique in America from World-War II to the present. It will build on the foundation laid in "Part I" in emphasizing innovative perspectives on:

- 1. The optimal treatment setting and conditions for effective psychoanalytic treatment
- 2. The trend toward relational, interpersonal and cultural perspectives in modern psychoanalytic theory and treatment
- 3. All aspects including the critical emotional dimensions of the therapist's participation in the therapeutic relationship
- 4. Ways of dealing with transference, countertransference and resistance
- 5. The uses of interpretive, educative and interactional techniques in psychotherapy
- 6. Investigating the full range of human "problems in living" for which psychoanalysis can offer effective help

Webinar Objectives:

At the conclusion of this program, participants will be able to:

- 1. Apply relevant knowledge and insight into the historical evolution of psychoanalytic technique to improve clinical practice.
- 2. Apply a critical framework for comparing, contrasting and assessing varied approaches to psychoanalytic treatment.
- 3. Utilize a peer learning/consultation environment for dialogue in which participants are enabled to draw practical connections between reading assignments and their own clinical practice.
- 4. Utilize a greater familiarity with the "literature" of psychoanalysis to enrich their clinical work.
- 5. Apply modern understandings of the role and importance of therapist self-care for preventing burnout and improving treatment outcomes.
- 6. Utilize modern understandings of working with transference, countertransference and resistance to improve treatment outcomes.
- 7. Apply modern relational and interpersonal theories and techniques to improve treatment outcomes.

About the Instructor:

Wally Fletcher, D.Min.,NCPsyA has extensive training and experience as a therapist, consultant, educator and non-profit executive. He is a certified psychoanalyst and clinical supervisor in the National Association for the Advancement of Psychoanalysis and is chairman of the Board of Directors of the Philadelphia School of Psychoanalysis. He is also a member of The Association for Clinical Pastoral Education-ACPE Psychotherapist category. He teaches courses in the Masters in Business and Organizational Leadership at Neuman University and courses in the history and evolution of psychoanalysis at the Philadelphia School of Psychoanalysis. He serves on the Philadelphia Department of Behavioral Health's Faith and Spiritual Affairs Advisory Board. He is also on the mental health faculty of CREDO, an intensive wellness program for clergy administered by the Pension Boards of the Episcopal and Presbyterian Churches US.