

PHILADELPHIA CONSULTATION CENTER PHILADELPHIA SCHOOL OF PSYCHOANALYSIS

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<u>Certification Program Requirements</u>

PSP is accredited by the American Board of Accredited Psychoanalytic Institutes (ABAP). The following outlines ABAP's program requirements for the Nationally Certified Psychoanalyst (NCPsyA) Certificate:

- (a) A minimum of thirty-six (36) credit hours (450 clock hours) of post-Master's level coursework in psychoanalytic studies. Typical coursework includes personality development; socio-cultural influences on growth and psychopathology; diagnosis, and treatment; practice techniques (including use of dreams and symbolic processes, work with resistance, transference, and countertransference); case seminars; clinical practica; professional ethics; and psychoanalytic research methodology.
- (b) A minimum of fifteen hundred (1,500) hours of clinical experience including the following:
- (i) A personal psychoanalysis of a minimum of three hundred (300) hours with a certified psychoanalyst(s).
- (ii) At least two hundred (200) hours of individual psychoanalytic supervision with a minimum of 3 psychoanalyst supervisors, of which at least fifty (50) hours shall be with one psychoanalyst supervisor and at least fifty (50) hours shall be with a second psychoanalyst supervisor. The institute requires that a supervisor may not have been and may not currently be one's personal analyst.
- (iii) At least one thousand (1000) hours of supervised clinical experience with a variety of patients within the full spectrum of psychological disorders, of which two hundred fifty (250) hours of experience may consist of group supervision, case conference supervision, and continuing clinical education experience.

In addition to these requirements, ABAP has developed psychoanalytic Core Competencies to help institutes develop comprehensive curricula that provide a solid foundation in psychoanalytic training.

Please visit ABAP's website for more information about their Standards and Core Competencies:

http://www.abapinc.org/standards-and-policies/standards/

http://www.abapinc.org/core-competencies/

PSP also requires the student to complete 4 case presentations during their training and a Final Case Presentation and Research Paper. Please see Marie Hartke (mhartke@pcctherapy.com), Education and Training Coordinator, for details.