

# Free Associations

## A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

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**NOTABLE QUOTE:** “Humankind cannot bear very much reality.”

-T.S. Eliot

### A Message from the President

“It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change.” This is a quote from Charles Darwin. We are in a changing environment: clinical, financial, political. And as Charles Darwin has prophesized, in order for us to survive, we need to be responsive to these changes. Our Board and staff need to figure out how to recruit more students, to attract more therapists, treat more patients and draw more psychoanalysts to our organization. As a start, we are changing our name. You can read about this below. We want to encourage innovation, remain relevant and develop our skills. We are excited about this new chapter in our organizational life and look forward to working with all our communities as we successfully move forward.

-Bill Lorman

*Apperception.* Awareness of the meaning and significance of a particular sensory stimulus as modified by one’s own experiences, knowledge, thoughts, and emotions.

*Thought broadcasting.* Feeling that one’s thoughts are being broadcast or projected into the environment.

*Phantom limb.* False sensation that an extremity that has been lost is in fact present.

*Confrontation.* Identification and challenging of the patient’s maladaptive attitudes and actions.

*Tangentiality.* Oblique, digressive, or even irrelevant manner of speech in which the central idea is not communicated

*Regression.* Unconscious defense mechanism in which a person undergoes a partial or total return to earlier patterns of adaptation.

### STANDARDS FOR ACCREDITATION: Standard 5-6

*Each supervisor is a certified psychoanalyst and has a minimum of three years of experience in the practice of psychoanalysis post-graduation.*

All current supervisors are certified psychoanalysts with a minimum of three years of experience in the practice of psychoanalysis post-graduation. In fact, most supervisors have an excess of ten years of experience.



### **AN IMPORTANT MESSAGE FOR OUR COMMUNITIES**

We are excited to announce that the **Philadelphia School of Psychoanalysis** is now the **Institute for Modern Psychoanalysis of Philadelphia (IMPP)**. This change reflects our commitment to advancing modern psychoanalytic education while honoring our legacy of excellence in training. As an online institute welcoming students from across the U.S. and internationally, we aim to emphasize our contemporary approach to psychoanalytic thought

and practice. Our new logo, featuring the acronym **IMPP** and a multi-colored triangular graphic, symbolizes our tripartite training model, our dedication to diversity and inclusion, and the deep interconnectivity of human experience. This evolution strengthens our mission to provide comprehensive psychoanalytic education for the next generation of practitioners. We look forward to continuing this journey with our students, faculty, and community.

