

# Free Associations

## A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

Volume 6, Number 2 – February, 2025

**NOTABLE QUOTE:** "Theory does not neatly translate into practice."

– Alessandra Lemma, psychoanalyst & author

### Message from the Executive Director

Dear PSP Community,  
I am pleased to share that a sub-committee of the Psychoanalytic Studies Committee (PSC) is embarking on an important project to revise the student handbook. This effort will ensure it accurately reflects our current programs and policies, supporting our commitment to providing clear and up-to-date resources for our students. We aim to complete this revision by the end of August. In addition, our faculty and administrators are collaborating to plan the full 2025-2026 academic course offerings. We expect to finalize the schedule by May and will share it with the entire PSP community. This will give everyone ample time to plan for the upcoming academic year. Thank you for your continued dedication to PSP. Your engagement and feedback help us strengthen our programs and community.  
-Lisa Correale

### Share Your Ideas for Next Year's Academic Schedule!

As we plan the 2025-2026 academic year, we want to hear from you! What courses or topics would you like to see included? We're also excited to introduce brief 5-week seminars throughout the year, focusing on various areas of psychoanalysis and clinical practice. Your suggestions for focus areas would be invaluable as we develop these offerings. Additionally, we're looking for recommendations for guest speakers to feature in evening presentations. Who would you love to hear from? Please send your ideas and suggestions to Lisa Correale at [lisacorreale@psptraining.com](mailto:lisacorreale@psptraining.com). Your input will help us craft a dynamic and engaging schedule for next year! Thank you for being an essential part of the PSP community!

### Your Feedback Matters!

We'd like to remind you of the importance of completing course evaluations, even if you're not seeking continuing education credit. Your feedback is a vital tool that helps our faculty and administrators better understand your goals, experiences, and areas where we can improve.

By sharing your thoughts, you contribute to shaping the quality of our programs and ensuring they meet the needs of our diverse community. Your voice truly makes a difference!

Thank you for taking the time to help us grow and improve together.

### A MESSAGE FOR THERAPISTS FROM THE PHILADELPHIA CONSULTATION CENTER

Philadelphia Consultation Center is in the process of putting together a document of resources that therapists could use if patients are looking for specific types of resources. In an effort to extend our resource gathering to the larger PSP community, if you are in the Philly area and have specific people and/or places that you have referred your own patients to or that you have personal experience with in some other way, please reach out to [aprilgagne@psptraining.com](mailto:aprilgagne@psptraining.com) with that information. We are looking for resources that fall into the categories below.

- Psychiatrists
- IOPs or Partial Hospitalization Programs
- D&A programs
- Eating disorder programs
- Psychological testing (including for ADHD & Autism Spectrum Disorder)
- Housing, food & clothing resources
- Case management resources

- Parental resources (including support groups, resources for kids with special needs, school advocacy)
- Domestic violence resources
- LGBTQIA+ resources
- Immigrant/refugee resources
- Career related resources (including career counseling, job training, etc.)



**SPRING 2025 Webinar:**  
**Introduction To Modern Group Process:**  
**Developing the Resilience To Do Our Work**

**Begins February 12th! Wednesdays, 12:30-2:00pm EST**



**Instructor: Ellen L. Wright, Ph.D., NCPsyA**

**CE's: 18 Cost: \$500**

**Course Description:**

The here and now technique of immediacy utilized in Modern Group offers trainees a different avenue to understand themselves and develop the emotional resilience need to work effectively with their clients. In Modern Group, the leader is not the only source of emotional nourishment or wisdom, however. Using the technique of bridging, the leader creates bonds between members, multiplying the effect of interventions used by the group leader and ultimately making the group itself an agent of change. These dual agents of change offer group members the opportunity to engage and explore their relationships not only with the group leader but also group members, opening avenues to study sibling dynamics as well as issues around power and privilege.

**Course Objectives:**

- Develop additional avenues to observe and experience emotions evoked by the therapeutic process.
  - Observe and explore common resistances to communication.
  - Examine transferences towards the leader and group members.
- Increase awareness of issues of power and privilege inherent in group leadership and group membership.

**To Register Visit: [Spring 2025 Registration Page](#)**

**\*PSP has been approved by NBCC as a Continuing Education Provider, ACEP No. 6637.**

## Group Consultation for PSP's ODLC Program Participants

**Overview:** How might we, as organizational consultants, coaches and leaders, make best use of consultation in a group setting? In these 12 sessions, we will become a learning community whose task is to enhance our effectiveness with clients while learning to sustain ourselves in the work. Members will present case material for collaborative group discussion in a confidential, supportive environment. We will deepen appreciation for the complexity of our work through an exploration of the group's interpersonal process in the 'here-and-now'. Group members' transference and countertransference reactions will be utilized in the service of understanding how maturational interventions are crafted in real time. Diverse theoretical frameworks are welcome and we will work to integrate Modern Analytic principles and techniques. Members are encouraged to develop their own unique voice within their professional roles.

### Objectives

1. Promote continual learning - about ourselves in role, ourselves more broadly, and about group supervision itself
2. Collaboratively examine client case material
3. Learn from one another's experiences
4. Integrate theory with practice
5. Glean insights from the unfolding group process

**Dates & Times:** *Updated* Fridays, 12:00-1:30 pm EST via Zoom on the following dates: February 14, February 28, March 14, March 28, April 11, April 25, May 9, May 23, June 6, June 20, July 11, July 25 (note the July dates are on the B week)

**Joining Procedure:** Contact David Rothauser ([david.rothauser@gmail.com](mailto:david.rothauser@gmail.com) | 347-528-0478) to express interest and schedule a required 50 minute interview to enumerate your learning goals and prepare us for a successful learning experience.

**Enrollment:** Limited to 12

**Student Rate:** \$150 for initial interview, \$75 per group session

**Supervisor:** David Rothauser, MA, MS, LP, NCPsyA, PCC is a certified and licensed psychoanalyst, organizational consultant, executive coach, educator and supervisor. He maintains a private psychoanalytic practice, runs ongoing supervision groups for coaches and consultants, and engages senior leaders and their teams in reflective practice. David has coached and consulted in a range of industries, including entertainment, PE- and VC-backed tech startups, data analytics, the commercial space industry, cyber security, real estate, healthcare, and education. He trained in coaching supervision at Oxford Brookes University, executive coaching at Columbia University, psychodynamic group leadership at the Center for Group Studies, and psychoanalysis at the Center for Modern Psychoanalytic Studies. He is an active member of the Association for Coaching, the International Society for the Psychoanalytic Study of Organizations and the American Group Psychotherapy Association. David lives outside of Philadelphia with his wife and two children.

