

# Free Associations

## A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

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**NOTABLE QUOTE:** “Analytic practitioners tend to be reluctant to give advice. Following someone else’s direction, even when that person’s advice is good, does not increase the patient’s confidence about their own problem-solving capacities.”

-Nancy McWilliams

### WHAT’S IN A NAME?

Our Board of Directors is considering changing our name to better reflect what we do and how we want the community to see us.

We would like your input into what you think how we can best reflect all the services we offer in a name that best describes it.

Please reflect on how we should be known with a name best describes us.

Send your suggestions to Lisa Correale, our Executive Director, at [lisacorreale@psptraining.com](mailto:lisacorreale@psptraining.com)

### THE THERAPIST’S THESAURUS

*Noesis.* Revelation in which immense illumination occurs in association with a sense that one has been chosen to lead and command. Can occur in manic or dissociative states.

*Initial insomnia.* Falling asleep with difficulty; usually seen in anxiety disorder.

*Stuttering.* Frequent repetition or prolongation of a sound or syllable, leading to markedly impaired speech fluency. DSM5 has changed the name to Childhood-Onset Fluency Disorder.

### STANDARDS FOR ACCREDITATION: Standard 5-3

*Faculty members and other instructional personnel are qualified by education and experience to implement the instructional program.*

Faculty must be certified psychoanalysts who have demonstrated knowledge, skill and experience both generally in modern psychoanalysis and specifically in the area and topics identified in the course description.

### A MESSAGE FROM OUR DEI COMMITTEE

As part of our commitment to diversity, equity, and inclusion, the Philadelphia School of Psychoanalysis (PSP) leadership has formed the Diversity, Equity, and Inclusion Advisory Committee to serve in an advisory capacity to the Psychoanalytic Studies Committee and PSP Faculty. The committee, comprised of multiple stakeholders (including faculty and students) of PSP, hopes to be instrumental in assuring that multiple voices and perspectives are embraced across PSP.

For more information about the DEI Committee, please contact the Committee Chair, Dr. Christopher Garrison at: [dr.garrison@bangorththerapy.com](mailto:dr.garrison@bangorththerapy.com)

### THEORY CORNER: Transference Variants – Part 4a

#### TRANSFERENCE NEUROSIS

Involves the recreation or more ample expression of the patient’s neurosis enacted anew within the analytical relation and at least theoretically mirroring aspects of the infantile neurosis. The transference neurosis usually develops in the middle phase of analysis, when the patient, at first eager for improved mental health, no longer consistently displays such motivation but engages in a continuing battle with the analyst over the desire to attain some kind

of emotional satisfaction from the analyst so that this becomes the most compelling reason for continuing analysis. At this point of the treatment, the transference emotions become more important to the patient than alleviation of distress sought initially, and the major, unresolved, unconscious problems of childhood begin to dominate the patient’s behavior. They are now reproduced in the transference, with all their pent-up emotion.

# Call for Testimonials from Our PSP Community!

Dear Students and Graduates,

As we continue to grow and strengthen our mission at the PSP, we are reaching out to ask for your help. We invite you to share your personal and professional experiences with us by providing a testimonial about how our educational programs have impacted your life and career.

Whether PSP has helped you deepen your clinical skills, enhance your professional opportunities, or expand your personal insight, your story can inspire others and highlight the value of the education and training we offer.

Your testimonials will also play a key role in our upcoming fundraising efforts. By sharing how PSP has made a difference in your journey, you'll help us demonstrate the transformative power of psychoanalytic education and attract the support we need to continue offering these life-changing opportunities to future students.

**If you would like to contribute, please email your testimonial at [makayla@psptraining.com](mailto:makayla@psptraining.com). Include the word "Testimonial" in the subject line.** Thank you for being a vital part of the PSP community and for helping us continue to make a meaningful difference in the lives of others.

**With appreciation,  
The PSP Board of Directors**

