

Free Associations

A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

Volume 5, Number 2 – February, 2024

NOTABLE QUOTE: “Health is much more difficult to deal with than disease.”

-DW Winnicott

A Message From

Marie W. Hartke, MEd, NCPsyA
Education and Training Coordinator

Student Reminder: As a Matriculated Student in our Psychoanalytic Certification Program you are required to be in your own Psychoanalysis for a minimum of 300 hours. You are also required to be in Individual Supervision for a minimum of 200 hours with a total of 3 different supervisors. A student is required to remain in analysis and supervision until they are certified.

THE THERAPIST’S THESAURUS

Androgyny. Combination of culturally determined female and male characteristics in one person.

Ageusia. Lack or impairment of the sense of taste. Seen in depression and neurological deficit.

Denial. Defense mechanism in which the existence of unpleasant realities is disavowed; refers to keeping out of conscious awareness any aspects of external reality that, if acknowledged, would produce anxiety.

STANDARDS FOR ACCREDITATION: Standard 1-8

The board, administration, staff, and faculty understand and fulfill their respective roles as set forth in official documents, or descriptions, and agreements, and are provided with the appropriate information to undertake their respective roles.

Various committees of the board and administration regularly review roles and tasks of all personnel involved in the governance, operations and the provision of psychoanalytic studies to insure clear and efficient roles.

REPRESSION: ITS ROLE AND CONSEQUENCES

According to Freud’s theory, if people’s inherent physiological drives are not repressed by the “internalized” norms of society, acts of violence or sexual perversity would destroy society. But, the repression, in turn, causes its own problems, which are manifested through various psychological symptoms: what is repressed “returns” in creative but ultimately self-destructive or dangerous behavior. Society teeters on the brink of violence, chaos, or pathological

rigidity and repression, plagued by either wildly destructive behavior or compromise formations such as compulsions, dissociation, depression or hysteria. Through the development of insight – by bringing the conflict between drives and social norms into consciousness – or through the creative use of the drives in nondestructive activities, Freud thought the conflict could be rationally managed.

-from, *Constructing the Self, Constructing America: A Cultural History of Psychotherapy* by Philip Cushman

REPETITION COMPULSION: SOME THOUGHTS

The phenomenon of repetition compulsion gives ample evidence that people get themselves into similar unpleasant situations again and again with fateful inevitability. In *Beyond the Pleasure Principle*, Freud described the power of repetition compulsion, using the examples of fate neurosis and traumatic neurosis. For Freud the shared feature of these two forms of neurosis is the fact that states of suffering apparently occur inevitably in people’s lives. It is possible for traumatic experiences, even those belonging to the past, to dominate a person’s thinking and feeling for years. Painful constellations of typical disappointments and catastrophes in personal relations then result apparently through no fault of the patient’s and recur in an apparently inevitable manner.

-from: *Psychoanalytic Practice: Volume 1, Principles*, by Thoma & Kachele

STUDENT REMINDER

Please be on the lookout for The Clinical Hours Collection Form which should be out in the next few weeks. If you have not already notified Ray Gourley of any changes in Analyst or Supervisor, please do so as soon as possible to ensure a smooth transmission of your report.

HERE'S MORE INFORMATION FOR YOU:

Special Invitation for Matriculated Candidates!

We are pleased to announce that our esteemed Society member, Dr. Ellen Wright, has agreed to offer a 12-week process group to matriculated candidates beginning in March! Dr. Wright is a founder and faculty member at the Center for Group Studies in New York City and a Senior Supervising and Training Analyst at the Philadelphia School of Psychoanalysis. A dynamic and engaging instructor and supervisor, Dr. Wright has lectured nationally and internationally and authored papers on innovative applications of psychoanalytic techniques.

Dr. Wright's pilot group will provide opportunities to:

- Develop additional avenues to observe and experience emotions evoked by the therapeutic process
- Observe and explore common resistances to communication
- Examine transferences towards the leader and group members
- Increase awareness of issues of power and privilege inherent in group leadership and group membership
- The course dates are as follows:
 - March 6, 13, 20
 - April 3, 10, 17, 24
 - May 1, 8, 15, 22, 29

Course Format: Zoom

Cost: \$450

CE's: 18

Please note, enrollment is limited to 12 and registration will be processed manually by Ray Gourley. To register email him at: raygourley@psptraining.com.

FROM THE STUDENT HANDBOOK

Leave Of Absence

Candidates may have occasion to request a leave of absence from coursework, training analysis, or supervision.

Procedure to Request Leave:

Upon request made to the Education and Training Coordinator, Marie Hartke, a leave of absence may be granted for one six-month period. The Coordinator will ask the candidate to complete a Leave of Absence form and submit a matriculation fee during the leave of absence. The student must indicate in their request when they intend to return to coursework, supervision, and training analysis. A leave of absence may be renewed for an additional six-month period by completing a second Leave of Absence form and payment fee. *see inactive status below

Note: Unlicensed candidates treating patients cannot take a leave from clinical supervision.

Inactive Status: If a candidate's leave of absence from any of the program components exceeds one year the candidate will receive notice of inactive matriculation status. An inactive candidate will be required to reapply to the school to resume matriculation in the certificate program. If a candidate is reinstated, they must complete a new matriculation agreement and submit it with a matriculation fee.

Credit: Candidates may be credited for analysis, supervision or coursework completed during a leave of absence provided they have followed the procedures outlined above. Should an individual decide to reapply after being placed on inactive status, any hours of analysis and supervision accrued during the time of inactivity can still receive credit retroactively in those program components.