

# Free Associations

## A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

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**NOTABLE QUOTE:** “Our understanding of others is an inference based on our knowledge of ourselves. That is why a personal analysis is indispensable for a psychoanalyst.”

-Harry Guntrip, PhD

### OUTSIDE NEWS & VIEWS

#### Nearly One-Fourth of Adults Requesting ADHD Treatment May Be Faking Symptoms

A new survey suggests that almost 25 percent of adults who seek medical treatment for attention deficit hyperactivity disorder (ADHD) are exaggerating or faking symptoms, to get their hands on stimulant medication such as Ritalin or Adderall. Some students want access to ADHD medication to help their concentration and focus, while others use it to get high.

### THE THERAPIST’S THESAURUS

*Agraphia.* Loss or impairment of a previously possessed ability to write.

*Adiadochokinesia.* Inability to perform rapid alternating movements. Occurs with neurological deficit and cerebellar lesions.

*Logorrhea.* Copious, pressured, coherent speech; uncontrollable, excessive talking; observed in manic episodes of bipolar disorder.

### STANDARDS FOR

#### ACCREDITATION: Standard 1-6

*The composition of the board or its policy and decision-making bodies reflects the areas of competence needed to fulfill its responsibilities, including appropriate legal and financial expertise.*

The board and its Succession Planning Committee, regularly evaluates the needs and deficits of the board’s composition to insure balance and necessary expertise.

## IN APPRECIATION – HONORING DR. JOYCE GRIGSON

On Friday, November 3, 2023 members of our Society joined together with good wishes and gratitude to honor Dr. Joyce Grigson. We commemorated Dr Grigson's many years of dedication to Modern Psychoanalysis as a Psychoanalyst, Supervisor and Teacher. Our Vice President, Marie Hartke, presented Joyce with a drawing of the front of our building. Our President, Wally Fletcher, provided Joyce with a personal message through a Zoom link from Florida. We are very grateful to have her as an esteemed member of our Institute.

PICTURED, Top from L to R: Liz Lamb, Marie Hartke, Bill Lorman; Seated: Dr. Joyce Grigson, Deb Grigson

