

Free Associations

A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

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NOTABLE QUOTE: “Freud was wrong when he claimed that women suffer from penis envy – it is men who do.”
-Sabrina Sedgewick



**OCTOBER'S MEET-UP AT
PLYMOUTH MEETING.**
(See below)

THE THERAPIST'S THESAURUS

Acualia. Nonsense speech associated with marked impairment of comprehension. Occurs in mania, schizophrenia and neurological deficit.

Vegetative signs. In depression, denoting characteristic symptoms such as sleep disturbance (especially early morning awakening), decreased appetite, constipation, weight loss and loss of sexual response.

Mood swings. Oscillation of a person's emotional feeling tone between periods of elation and periods of depression.

Astasia abasia. Inability to stand or walk in a normal manner, even though normal leg movements can be performed in a sitting or lying down position. Seen in conversion disorder.

STANDARDS FOR ACCREDITATION: Standard 1-5.c

The board maintains a conflict of interest policy to protect the institution's interest when it is contemplating entering into a transaction or arrangement that might benefit the private interest of an officer or director.

Indeed, our Board is most concerned about both a real or perceived conflict of interest and is always on the lookout for such instances.

PSYCHOANALYTIC LEVITY

PATIENT: Every day I wake up thinking I'm a dog.

ANALYST: In that case, you'd better get off my couch.

OUTSIDE NEWS & VIEWS

A new analysis of federal data shows that most people who are treated for abusing inhalants are adults, not adolescents. "Huffing," or inhaling chemical vapor to get high, can cause irreversible damage to the brain, kidneys and lungs, and has long been a problem among adolescents. More 12- and 13-year-olds use inhalants than marijuana, according to SAMHSA. Last year, data indicated that approximately 1.1 million adults over age 18 had used inhalants in the past year -- more than the number of adults who used crack cocaine, LSD, heroin, or PCP.

TECHNIQUE OF THE WEEK – *Here and Now Activation: Techniques & Examples*

If a group has degenerated into cocktail party chatter and one group member comments that he doesn't think the group is taking its purpose seriously, the group leader could ask the individual if he would be willing to identify those members who do and those members who don't take the

group seriously. Someone may complain that the group is too nice and everyone avoids conflicts. Asking the group member to identify the "leaders of the peace and tact movement in group" will activate the group into a rich source of interaction. Sometimes, even something

as simple as asking one member to use "I statements" and speak directly to the other members can turn a dull, lifeless monologue into an exciting, alive dialogue.

A MESSAGE FROM JOE EBBINGER

As you can see from the above picture, turnout was pretty great and everyone had a great time relaxing and engaged in good conversation! We will for sure do something again soon! Please consider coming as we grow.

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