

Free Associations

A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

Volume 4, Number 9 – September, 2023

NOTABLE QUOTE: “You may easily play a joke on a man who likes to argue – agree with him.”

--Edgar Watson Howe,
American author and editor

GOOD NEWS!!!

Please join us in congratulating our two most recent certified analysts!

Khary Atif and Ray Gourley. They have joined the ranks of our Society of Certified Analysts!

Attention Students!

Please note that there are many resources available to you on our website.: psptraining.com.

If you select PEOPLE then choose STUDENTS and go to the right and choose FORMS you will find several forms that will be helpful in your certification process. For example, An outline for how to organize and present one of the required 4 cases and other important forms.

THE THERAPIST’S THESAURUS

Hypesthesia. Diminished sensitivity to tactile stimulation.

Synesthesia. Condition in which the stimulation of one sensory modality is perceived as sensation in a different modality, as when a sound produces a sensation of color.

Logorrhea. Copious, pressured, coherent speech; uncontrollable, excessive talking; observed in manic episodes of bipolar disorder. Also called *tachylogia*; *verbomania*; *volubility*.

STANDARDS FOR ACCREDITATION: Standard 1-5a

The board involves members of the public in its policy and decision-making bodies, through board membership.

PSP currently has three public members who provide advice and consultation related to matters that are non-psychoanalytic in nature. This provides sufficient independence to ensure we can act in the public’s best interest. You can access the members of the board at our website: www.psptraining.com.

DSM-5 CHANGE IN NOMENCLATURE AND DEFINITION

Intellectual Disability

Intellectual disability (ID) formerly known as mental retardation, can be caused by a range of environmental and genetic factors that lead to a combination of cognitive and social impairments. The American Association on Intellectual and Developmental Disability defines ID as a disability characterized by significant limitations in both intellectual functioning (reasoning, learning, and problem-solving)

and in adaptive behavior (conceptual, social, and practical skills) that emerges before the age of 18 years. The accurate definition of ID has been a challenge for clinicians over the centuries. All current classification systems underscore that intellectual disability is more than a cognitive deficit. That is, it also includes impaired social adaptive function. According to DSM-5, we should only make a diagnosis of intellectual disability when there are deficits in intellectual functioning AND deficits in adaptive functioning. In previous editions of DSM, we utilized only IQ as the diagnostic criterion.

Our Modern Psychoanalytic Focus Among its central educational aims, PSP seeks to train people to become skilled psychoanalytic practitioners. At the heart of this model of analytic education is a dual focus: an emphasis on the ongoing maturation of PSP students in training, and the integration of theory and practice. This is accomplished through a rich combination of personal analysis, clinical supervision, and academic learning.

ATTENTION STUDENTS CONSIDERING PRESENTING A CASE:

You can find the PSP Case Presentation outline on our website at: <https://psptraining.com/forms/>

REMINDER: PSP CLASSES START THE WEEK OF SEPTEMBER 11TH

ASSESSMENT QUANDRIES – *Some Questions (and Answers)*

1. If a patient comes into your office for an assessment and is under the influence of alcohol, it is reasonable to suspect alcohol dependence, but what is the only diagnosis that can be made based on that evidence?

2. If a patient comes into your office and says she hears voices, regardless of whether or not she is sober currently, what diagnosis should be made on that basis?

Answers

1. Alcohol intoxication. Of course, this warrants further investigation.
2. No diagnosis should be made on that basis alone.