

Free Associations

A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

Volume 4, Number 5 – May, 2023

NOTABLE QUOTE “They always say time changes things, but you actually have to change them yourself.”

--Andy Warhol, American artist

OUTSIDE NEWS & VIEWS



The PSP/PCC get-together held on 4/2/23. Small but intimate. A GOOD TIME WAS HAD BY ALL. Watch for the next date. Joe Ebbinger (front right) hopes we can ‘build the presence.’

THE THERAPIST’S THESAURUS

Abstract thinking. Thinking characterized by the ability to grasp the essentials of a whole, to break a whole into its parts and to discern common properties. To think symbolically.

Derealization. Sensation of changed reality or that one’s surroundings have altered. Usually seen in schizophrenia, panic attacks, dissociative disorders.

Prosopagnosia. Inability to recognize familiar faces that is not caused by impaired visual acuity or level of consciousness.

Confabulation. Unconscious filling of gaps in memory by imagining experiences or events that have no basis in fact, commonly seen in amnesic syndromes; should be differentiated from lying.

STANDARDS FOR ACCREDITATION: Introduction

The American Board for Accreditation in Psychoanalysis, Inc (ABAP) accredits psychoanalytic training programs, whether such programs are offered within freestanding psychoanalytic institutes (like PSP) or within larger educational organizations. Accreditation is a mechanism of professional peer review that provides public assurance about the educational quality and integrity of those programs that seek or wish to maintain membership. In order to maintain our accreditation, we must be able to demonstrate that our program meets ABAP’s standards and have the capacity to continue to meet those standards going forward.

In future editions of this newsletter, we will state the various standards that we must meet. In this way, you will understand the importance of having accreditation as an indication of the excellence of your training.

Spring is in the air!

MONTHLY MUSING:

Develop and Use a Therapeutic Alliance to Engage the Patient in Treatment: Challenges for the Clinician

- The clinician’s ease in working toward a therapeutic alliance is affected by his or her comfort level in working with the patient.
- Clinicians who experience difficulty forming a therapeutic alliance with patients are advised to consider whether this is related to:

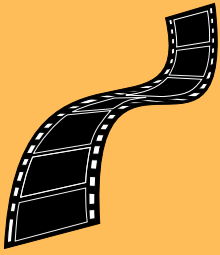
- The patient’s difficulties
- A limitation in the clinician’s own experience and skills
- Demographic differences between the clinician and the patient in areas such as age, gender, education, race or ethnicity
- Issues involving countertransference

TECHNIQUE OF THE WEEK – Skills and Techniques to Increase Positive Reception of Empathic Overtures

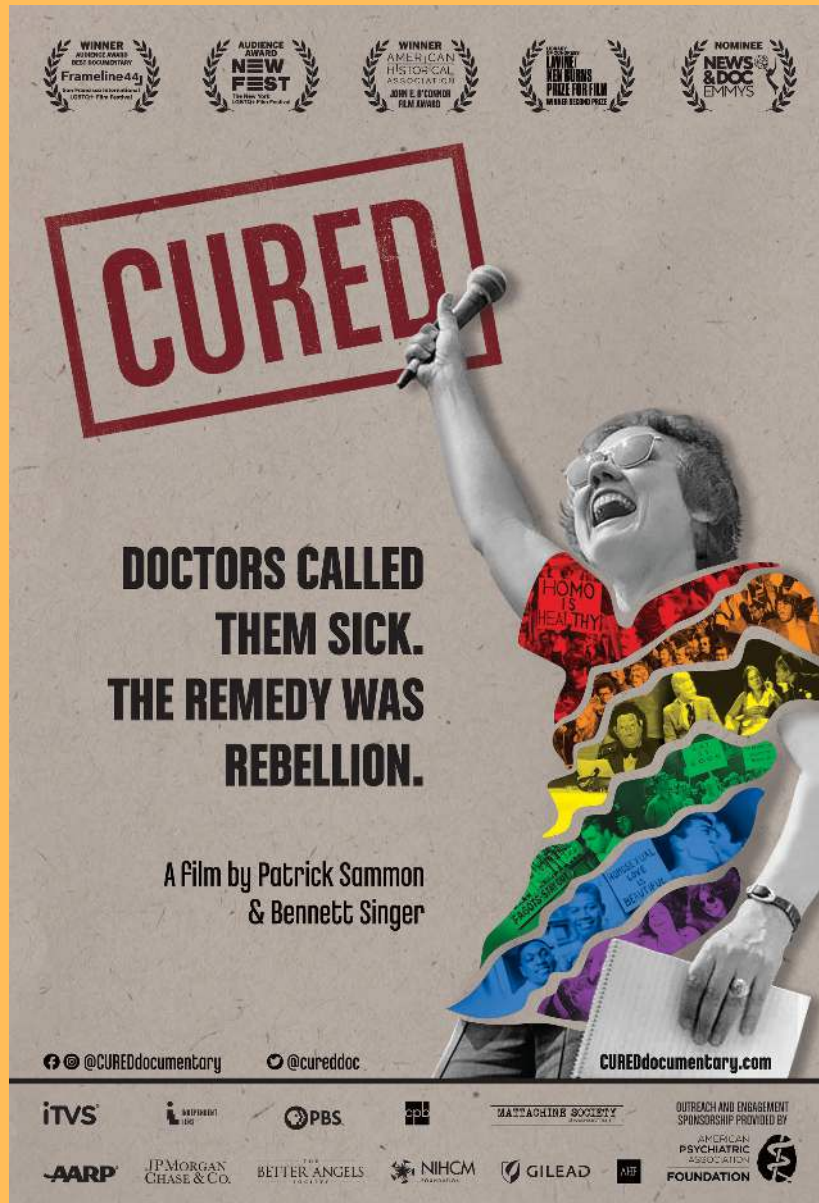
- Accept and appreciate the patient’s world but make sure that your understanding fits with the patient’s ability to tolerate it.

- Listen beyond the words. Attempt to capture the nuances and implications and reflect back your understanding.
- Focus on patients’ feelings, perceptions, meaning, values,

- assumptions, and their views of the other people and situations.
- Be nonjudgmental, attentive, and open to discussing any topic.
- Avoid interrupting, talking too much, and advice giving.



FREE ONLINE SCREENING!!
Tuesday, May 2nd at 7 pm EST



Philadelphia School of Psychoanalysis will host a live virtual screening preview of the film "Cured", followed by a panel discussion featuring the project's co-directors and one of the activists featured in the film.

The full film will be available to stream online from May 2-9.

To Register Visit: www.psptraining.com/events/

ANNOUNCING PSP's 2023 VIRTUAL:

Summer Reading Seminar



Anna Freud- A Biography **By Elisabeth Young-Bruehl**



***8 Saturdays from
June 3rd- July 29th
9:00-10:30 AM (EST)
on Zoom!***

12 CE's- \$100

Facilitated by:
Wally Fletcher, D Min, NCPsyA

To Register Visit:
www.psptraining.com/workshops/
or email: info@psptraining.com