

# Free Associations

## A Newsletter for the PSP Community

...dedicated to excellence in learning, teaching and application of psychoanalytic knowledge

Volume 3, Number 8 – August, 2022

**NOTABLE QUOTE:** "Believing in yourself is everything. If you don't believe in what you can do, it's almost impossible to achieve it."

-Sylvie Bernier, Canadian Olympic diver

### From The Executive Director:

I am pleased to announce that a new internship program will begin this Fall at Philadelphia Consultation Center. PCC will provide a field placement for two interns from Philadelphia area universities as a pilot program with the goal of securing funding in future years to host additional student interns. These interns will provide low fee therapy for patients with limited financial means but who do not qualify for Medicaid. For more information about the low fee therapy program visit:  
<https://pcctherapy.com/low-fee-therapy/>

### THE THERAPIST'S THESAURUS

*Anorexia.* Loss or decrease in appetite. In *anorexia nervosa*, appetite may be preserved, but the patient refuses to eat.

*Idea of Reference.* Misinterpretation of incidents and events in the outside world as having direct personal reference to oneself; occasionally observed in normal persons, but frequently seen in paranoid patients.

*Asyndesis.* Disorder of language in which the patient combines unconnected ideas and images. Commonly seen in schizophrenia.

### FALL SEMESTER BEGINS IN A MONTH. HAVE YOU SIGNED UP YET?

Review the upcoming course offerings and consider taking a course for continuing education credits. Choose from;

- Evolution of Psychoanalytic Technique, Pt. 2
- Psychopharmacology
- Human Sexuality & Gender Identity
- Facilitation Skills for Modern Psychoanalytic Consulting
- Ethics of Psychoanalytic Practice
- Women in Psychoanalysis

**See you in September!**

### CLINICAL COLUMN – Personality

Personality is in part an accumulation of habits that have been acquired, many very early in life, which create dispositions and influence how we behave. In the same sense, the neuroses are often products of learning

– anxieties, phobias, and maladaptive behaviors that result from particular experiences. Psychotherapy itself is a process by which new habits and skills are acquired through the accumulation of new experiences. In this sense,

memory is at the theoretical heart of psychoanalysis's concern with personality, the consequences of early experience, and the possibility of growth and change.



"You will never leave where you are, until you decide where you'd rather be."

-Dexter Yager